

Grandmaster Sin Thé and the Shaolin-Do Association proudly present

Duck Tai Chi & Mulan's Double Rings Seminar

In-Person Seminar
Saturday, March 26th
9:00 AM - 5:00 PM EST

Online Seminar via Zoom
Sunday, March 27th
2:00 PM - 6:00 PM EST

Sin Thé Karate School
282 Gold Rush Rd.
Lexington, KY 40503

The Zoom link will be emailed to everyone a day or two before the seminar.

Recently, Grandmaster Sin Thé has taught a handful of bird-style Tai Chi forms and now we will continue with the Duck Tai Chi form. The duck style is an evolution of the white crane and its finger tip training and striking. This form has three sections and 27 postures. But that's not all! He will also teach the Mulan's Double Rings form. This form depicts the battle between Na Tuo (Son of Wave) and the Monkey King. These rings are sometimes called "Chakram" but you can order "frisbee flying rings" from Amazon or other retailer as a practice weapon.

There will be an in-person event on Saturday, March 26th and a virtual event via Zoom on Sunday, March 27th. The prices are the same and you can attend either in-person, online, or both! For those who attend in-person, there will be physical DVDs available for preorder to be handed out at the door. For those who attend the Zoom seminar and preorder a video, you will be emailed a link to download the video to your computer.

If you are traveling to Lexington for the in-person seminar and need a hotel room, we have partnered with Home2Suites by Hilton for discounted rooms. You must use this link to register: <https://bit.ly/SDAHotelMarch2022>

Please fill out the registration form and mail it to the address below. If paying by check, please make your check payable to "Shaolin-Do Association".

Shaolin-Do Association
282 Gold Rush Road
Lexington, KY 40503

*Lifetime memberships must have been purchased directly from Grandmaster Sin Thé to count for free admission. Sorry, no refunds! The SDA reserves the right to refuse admittance to anyone for any reason.

Registration for Duck Tai Chi & Double Mulan Rings

** For early registration, we must receive this form on or before Friday, March 18th **

Name : _____

Rank : _____

Address : _____

Phone # : _____

Email : _____

Instructor : _____

Please circle one option in each row below.	Early Registration	Late Registration	Lifetime Member*
Registration	\$125	\$150	FREE
Video	Physical DVD \$39.95	Digital Download \$39.95	No Video
TOTAL	\$		
Which seminar will you be attending?	In Person	Online (Zoom)	Both

Name on Card:
Credit Card #:
Exp Date:
Security Code:
Signature: